



# Beaconfields Newsletter

Friday 6<sup>th</sup> February 2026  
Be More Beaconfields

As always, it has been a real pleasure to spend time in each of the classes this week.

Nursery class have enjoyed recapping about celebrations, preparing them to learn about Chinese New Year next week.

Alongside this they have enjoyed some time building up their confidence on their new stage area outside. The children have dressed up and pretending to be characters on the stage, singing and dancing with their friends.

It has been fantastic to see so many children attending our range of enrichment opportunities we offer. We have a range of artists in the making, through our choir, dance and drawing club. I can't wait to see the children's talents continue to grow and blossom.

Wishing you all a lovely weekend,  
Mrs Harratt

## Helping hands donations

Thank you to everyone that donated to our  
'Helping Hands'

The food will support our families and local  
community.

Please see the office if you would like to access  
the 'Helping Hands' area.

## BeMoreBeaconfields

### Values

*-Kind*

*-Resilient*

*-Respectful*

*-Responsibility*

*-Aspirational*

Upcoming dates:

Parent consultation:  
24<sup>th</sup> and 25<sup>th</sup> March

Book via Arbor after half term

## PTFA AGM

Thank you to everyone  
that attended our PTFA  
AGM. It was lovely to  
welcome new members.

We are always looking for  
support and new ideas so  
please feel free to attend  
any of the meetings even  
if you can't come  
regularly.

All money received through  
PTFA events goes towards  
the opportunities that we  
offer your children.

This week is Children's Mental Health Week.

Think about: What do you think mental health means?

Mental health is about how people are feeling. Sometimes people can feel happy, sad, worried, angry, excited, safe or not safe for lots of different reasons.

Sometimes we use phones, tablets, or computers to watch videos, play games, or talk to people which can be fun. Sometimes being on a screen for too long or seeing things we don't understand can make us feel sad or worried. It has been in the news that the government (the people in charge of making rules for the country) are talking about how to keep children safe when they are using screens. They want to protect children to make sure we help children to be happy and have good mental health.



Think about: Do your parents or carers ever say to you that you have been on a device, like a tablet, for too long and that you have to come off now? What do they usually ask you to do instead? Why do you think they ask you to stop looking at a screen?



There are many things we can do to help our mental health. Look at and talk through some of the different things we can do.



Run around and play.



Share stories.



Talk to someone if you are worried about anything.



Hug your family.



Play with toys.



Get a good night's sleep.

Do you do any of these things? How do you think they help you to stay happy and healthy?

If you did nothing other than watch a screen, do you think that would be good for you? Why?

If you don't get enough sleep, how can you feel the next day?

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# Valentines Disco

Friday 13<sup>th</sup> February 26

2:45pm – 3:15pm

Nursery and Reception Class



3:25pm – 4pm

Year 1



Please book via Arbor

£1 each

Sweets and a drink included

Children can bring their own clothes/party outfits to school to change into to attend the disco if they wish to.

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